

LGOWIT In-Person March 2023

Living Better Groups & Discover Digital

Please do not attend if you or anyone in your household is unwell with Covid-19 or winter sickness symptoms

Date	Day	Venue	Time
1st	Weds	Nairn - Community Centre	2 - 4
2nd	Thurs	Wick - The Healing Hub 37 Smith Terrace KW1 5HD	10.30 - 12.30
6th	Mon	Inverness - St John's Church Hall IV2 3BG	11 - 1
6th	Mon	Broadford - Mixed Media Decoupage at Rag Tag	11 - 1
8th	Weds	Dingwall - Community Centre	11 - 1
8th	Weds	Muir of Ord - Muir Hub	2.15 - 4.15
13th	Mon	Invergordon - Episcopal Church Hall	2 - 4
13th	Mon	Inverness Garden Group - email Ruth for venue	1 - 3
15th	Weds	Inverness Boccia - Spectrum Centre	2.30 - 4
20th	Mon	Discover Digital - Dingwall Community Centre **	2 - 4
22nd	Weds	Tain - 12 Tower St (next to the Development Trust)	11 - 1
22nd	Weds	Dornoch - West Church Hall	2 - 4
23rd	Thurs	Kyle - Lighthouse Café Station Rd IV40 8AE	1.30 - 3
27th	Mon	Thurso - United Reformed Church	11 - 1
27th	Mon	Inverness - Balloch Village Hall	12.30 - 2.30

** Help with your questions & conundrums getting things done online

Kyle and Broadford hosted by Kate - lgowitkate@highlandtsi.org.uk

Contact our Living Better Co-Ordinator Ruth for all other groups

lgowitruth@highlandtsi.org.uk or 07521 503144